



# Year 1 Theme 1: Hero and Heroine

Learning journey sheets



## Do all heroes/heroines have to have superpowers?

Hero and Heroine is a theme that allows us to think about our heroes, whether they are fictional or not, and heroes from our recent history and to discuss what they have done to help others.

**Key Vocabulary:** materials, past, present, chronological, season, rhythm

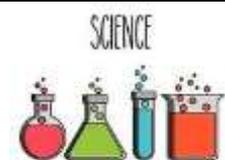
### WOW Start

Dress up as our hero.

### SHOWCASE (OUTCOMES)

Superhero fashion show – ‘cape’ walk

## KEY AREAS OF LEARNING



SCIENCE

Everyday materials

- I can distinguish between an object and the material from which it is made
- I can identify and name a variety of everyday materials, including wood, plastic, glass, metal, water, and rock
- I can describe the simple physical properties of a variety of everyday materials
- I can compare and group together a variety of everyday materials on the basis of their simple physical properties

### How we will do this?

By exploring and comparing different types of materials that could be used to make a cape and choosing the best material for our own superhero cape.



History

- I can appreciate that some famous people have helped our lives be better today.
- I can use words and phrases like: old, new and a long time ago.
- I can put up to three objects in chronological order (recent history).
- I can begin to identify the main differences between old and new objects.
- I can ask and answer questions about old and new objects.

### How we will do this?

We will research the lives of famous people, including Neil Armstrong, Christopher Columbus and the Duke of Wellington, and look into what they have done to help others and make history.



art

Knowledge

- I can ask a sensible question about a piece of art.
- I can describe what I see and like in another artists'/craft makers/designers work.

**Drawing and Painting**

- I can draw using pencil and crayons
- I can name the primary and secondary colours
- I can use thick and thin brushes.

**Printing**

- I can print with sponges, fruit and vegetables.

**Textiles**

- I can sort fabric and threads
- I can group fabric and threads by colour and texture

### How will we do this?

We will be making our super hero capes. On our capes we will be printing using fruit and symbols that represents something that is important to us. We will also have a go at making our own comic strips for our own superheroes.



- I can say what I like about my locality
- I can ask relevant questions about my locality and answer questions using a range of resources
- I can answer questions about the weather
- I can explain how the weather affects clothing choices

**How we will do this?**

We will look into the Wellington Monument and discover why it was built. We will also keep a weather chart in the classrooms to look at the weather changing in each season. We will have discussions about which materials will be good for our superhero capes in certain seasons and weather.



What do Christians believe about Jesus?

**How will we do this?**

We will look at why Christmas is special for Christians and why they celebrate the incarnation of Jesus.



- I can chop food safely.
- I can describe texture.
- I can wash my hands properly.
- I can think of ideas and explain them through words and pictures.
- I can explain what I am making and use tools.
- I can describe how something works.

**How we will do this?**

We will use food (fruit and vegetables) to print when making our capes. During our weather/season checks, we will be able to



Throwing, catching, controlling & movement skills

**How we will do this?**

We will be training to be superheroes and will observe iconic movements specific for each superhero in order to make up our own sequence of movements.



Performing – I can copy sounds

- I can clap short rhythmic patterns
- I can use my voice to speak, sing and chant
- I can use instruments to perform

I can recognise how a piece of music makes me feel

- I can choose sounds to represent different things
- I can respond to different moods in music
- I can say whether I like a piece of music or not
- I can choose sounds to represent different things
- I can follow instructions about when to play or sing
- I can recognise repeated patterns

**How will we do this?**

We will listen to modern day superhero theme tunes to identify rhythm and discuss how they make us feel. We will use instruments to create our own superhero theme tunes.



I can keep myself safe

- Healthy Lifestyles
- Keeping Safe
- Healthy Relationships

**How will we do this?**

We will look at ways to keep healthy and the importance of this for superheroes.



Our key areas of learning are:

- I can keep myself safe online
- I can use ICT programs to follow instructions and create instructions.

**How will we do this?**

A series of lessons discussing what it means to keep safe online. We will use the ipads to work online safely and to create instructions in a program for our own superheroes to follow.



Reading

Superworm  
Traction Man  
5 Minute Marvel Stories

Writing

Weather reports  
Comic strips

Maths

Using superheroes as a resource